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| **Key questions*** Do I know what animals need to survive?
* Can I identify which foods keep humans healthy?
* Can I explain that to be a healthy, humans need the right amounts and types of food?
* What do humans need to do to keep themselves healthy?
 | Key Vocabulary**adult:** a fully grown animal or plant**exercise:** movement to keep your body healthy**human:** a person**grow:** to get bigger**hygiene:** keeping yourself clean**offspring:** the child of an animal  |
| **Key Knowledge*** Animals, including humans, have offspring which grow into adults.

Three basic needs of all animalsAll animals, including humans, need the right amount of food, air and water to survive. * The good hygiene, right type of food and exercise is important to keep healthy.

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