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| **Key questions**   * Do I know what animals need to survive? * Can I identify which foods keep humans healthy? * Can I explain that to be a healthy, humans need the right amounts and types of food? * What do humans need to do to keep themselves healthy? | Key Vocabulary  **adult:** a fully grown animal or plant  **exercise:** movement to keep your body healthy  **human:** a person  **grow:** to get bigger  **hygiene:** keeping yourself clean  **offspring:** the child of an animal |
| **Key Knowledge**   * Animals, including humans, have offspring which grow into adults.   Three basic needs of all animals  All animals, including humans, need the right amount of food, air and water to survive.   * The good hygiene, right type of food and exercise is important to keep healthy.   See the source imageSee the source imageSee the source image |

