



## **PE Report 2025**

Due to the Sport's premium we are leaving primary school with better knowledge, skills and motivation to lead a healthy, active lifestyle and a love of sport!

Once again we have delivered a high-quality programme to raise the level of PE and sport across the school, not only through the curriculum but with after school clubs, competitions in and out of school and whole school involvement.

Raising the profile of PE has positive effects on children's concentration, memory retention and behaviour. The long-term legacy not only improves physical health but mental health too.

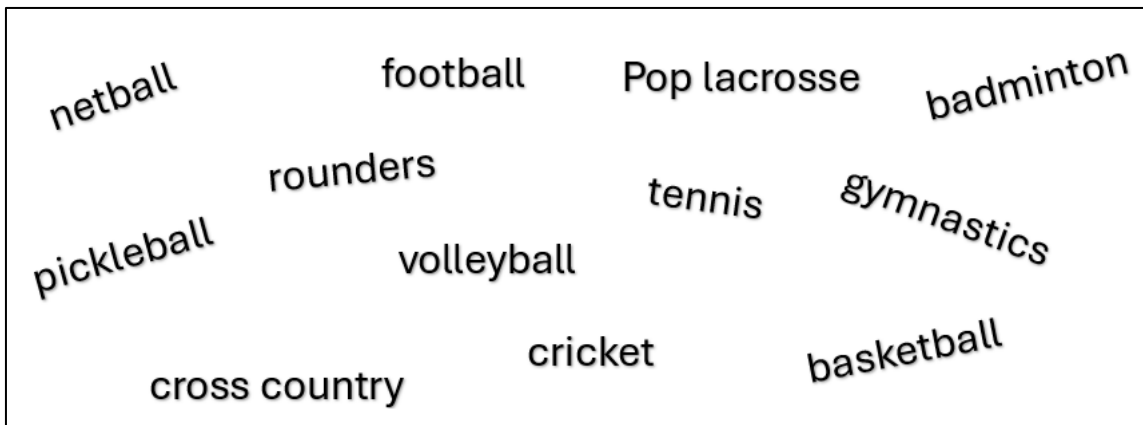
Our provision has been supported by external specialist coaches again this year. Lincoln City Foundation have delivered a supportive role and their coaching staff have continued to increase the confidence of teaching staff by giving them the knowledge to improve their expertise at teaching various different sports. This valuable asset will continue through 2025/2026.

The children have also benefitted again this year by regularly visiting the National Golf Centre at Woodhall Spa to be coached by Golf Professional Alison Johns. Access to golf has been enjoyed by the whole school this year, including Reception. 'Go Dance' from Sleaford have also been part of our provision this year teaching the children Cheer, Street and for the first time Ballroom dancing. (For some reason not all the boys were that keen). We were also fortunate to have a visit from Jade Windley the GB ladies tennis captain who spent the day coaching all year groups.



A positive outcome from the involvement of these coaches is that many more children this year have become involved with various clubs out of school. They are then very keen and encouraged to bring into school their medals and awards to share with their peers.

We have again offered a wide range of after-school clubs. This has led to at least 70% of KS2 children taking part in 3 or more clubs a week.



We have held several inter-house competitions where 100% of KS2 children have taken part.

<b>Cricket</b>	<b>Netball</b>	<b>Football</b>
<b>Cross country</b>	<b>Hockey</b>	<b>Sport's day</b>

**Tournaments played**

<b>Year 5/6 HOCKEY WINNERS</b>	<b>Year 3/4 DODGEBALL WINNERS</b>	<b>Year 4/5 ROUNDERS WINNERS</b>
<b>Year 5/6 CRICKET SEMI-FINALISTS</b>	<b>Year 5/6 NETBALL 2ND</b>	<b>AREA NETBALL FINALS 3RD</b>
<b>FOOTBALL 3RD</b>	<b>ATHLETICS 3RD</b>	<b>SWIMMING GALA 4TH</b>

For the 2<sup>nd</sup> year running the netball team have reached the County Finals. They played brilliantly, winning 2 matches, drawing 2 and 1 loss.

We have continued with the 'Wellbeing' walks and encouraging 'walking to school'.

This year the 'Friends of school' have arranged a Family Fun Run to encourage the whole family to enjoy the benefits of physical activity.

Outdoor learning can have a positive effect on children's wellbeing. Every opportunity to have PE outdoors is taken.

We always celebrate the children's successes during assembly time and through wall displays. This also encourages the younger pupils to be inspired by their achievements.

The Sports Leaders are positive role models, setting a good example to their peers and the younger children. Some have helped to run KS1 clubs throughout the year as well as coaching umpiring at other clubs.

Swimming continues to be a big part of our provision. This is provided by the swimming teacher at Branston Academy. All year groups are able to access at least 6 weeks of swimming. There have been some children this year who have been able to have 12 weeks to consolidate their progress.

Swimming is a life skill and it is vitally important that we enable all children to have the opportunity to learn to swim. Water safety is something that we have particularly concentrated on this year. In Year 6 this year 94% of children are able to competently swim 25m and have completed their water safety skills.

#### **Next year**

- Continue to develop staff confidence and expertise.
- Encourage more children to attend clubs, particularly SEND children.
- Continue with out of school competitions.
- Continue with a high-quality programme.